

## Mental Health Referral List

### OUTPATIENT COUNSELING

Helio Health Adolescent Children's Clinic  
723 Salina Street  
(315) 471-1564 X220 (Elizabeth)  
\*Walk in Hours- M-F 8:30am-2:30pm  
CURRENTLY NO WAITING LIST

St. Joseph's Outpatient Children Mental Health Clinic  
742 James Street  
(315) 703-2800  
Intake Coordinator: Chaw  
\*Walk in Hours- Tues & Fri 8-11am

Psychological Health Care  
(315) 422 – 0300  
(Various locations)  
3300 James Street

Liberty Resources Integrative Healthcare  
1045 James Street  
(315) 472-4471  
\*Walk in Hours M-F at 9am

ARISE  
635 James Street  
(315) 472-3171  
Intake Coordinator: Crystal

SUNY Upstate Medical Center Child Clinic  
713 Harrison Street  
(315)464-3145  
Adult Clinic  
(315) 464-3165

Crouse Chemical Dependency Outpatient  
410 S. Crouse Ave.  
(315) 470-8304

### Grief/Loss

Hope for the Bereaved  
4500 Onondaga Blvd.  
(315) 475 – 9675  
(315) 475-4673 (Helpline)

### Emergency Respite (short term)

Hutchings  
620 Madison St.  
315-426-7770

Liberty Resources  
315-870-3740

### Sexual Assault Counseling

Vera House (no fee for service)  
6181 Thompson Road  
(315) 468–3260

McMahon Ryan Child Advocacy Center  
601 East Genesee Street  
(315) 701 - 2985

### Family Therapy

Goldberg Couple and Family Therapy Center  
(sliding scale/no fee for service)  
(315) 443 – 3023

### HOUSING/FOOD

(Salvation Army)  
Booth House  
(315) 471-7628  
12 -17 Years old

TILP Program  
(315)  
16 and older

Transitional Apartments and Parenting Center (TAPC)  
(315)479-1330

Food Bank of CNY (315) 437-1899

### HOTLINES

#### **211 (24/7) Community Resource Line**

CONTACT Crisis Hotline (24/7)  
(315) 251 – 0600

Suicide Prevention Hotline  
1-800-SUICIDE

Domestic Violence & Sexual Assault Crisis  
Vera House (24/7)  
(315) 468 – 3260

### CPEP

Comprehensive Psychiatric Emergency Program  
301 Prospect Avenue  
(315) 448-6555  
Mobile Crisis Outreach  
(315)726-8650

**Updated 1/2020**