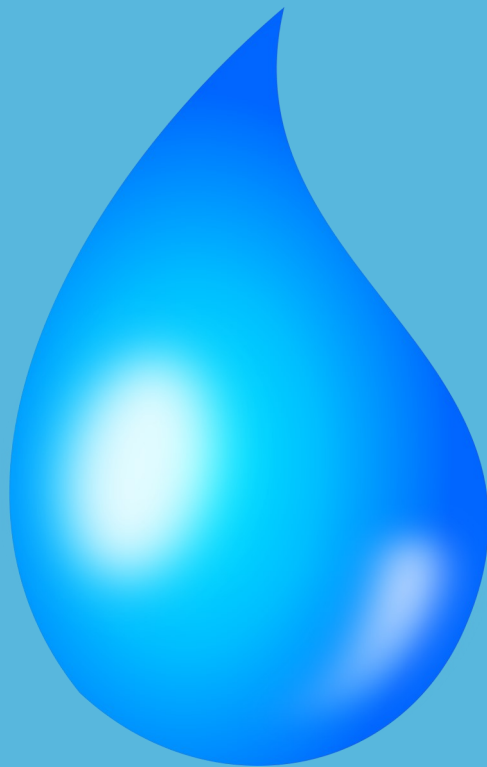


# REASONS TO DRINK WATER:

- Flushes toxins out of the body
- Prevents headaches and dehydration
- Helps your kidney function
- Regulates body temperature
- Keeps you energized
- Fuel for your muscles
- Helps clear your skin
- Boosts immune system
- Maintains body fluid balance



**You are what you drink, so drink up!**