

Monday

2

9
Egg Patty
w/ Chicken Sausage

Hash Brown Rounds
100% Vegetable/Fruit Juice
Orange Wedges

16

Hot Meatball on
Gluten Free Bun

Tossed Salad w/ Dressing
Steamed Carrot Coins
Assorted Fruit

23

Gluten Free Chicken Tenders
w/ Dipping Sauce

Mashed Potatoes
Seasoned Corn
Assorted Fruit

30

Gluten Free Chicken Tenders

NYS Baby Carrots w/ Dip
Potato Gems
100% Juice Cup
Assorted Fruit

Tuesday

3
Superintendents
Conference Day

10
Beef Hot Dog on
Gluten Free Bun

Tossed Salad w/ Dressing
NYS Baby Carrots w/ Dip
Fresh Fruit

17

Beef Hot Dog on
Gluten Free Bun

Cucumber Slices w/ Dip
Seasoned Carrot Coins
Fresh Fruit

24

Beef Hot Dog on
Gluten Free Bun

Tossed Salad w/ Dressing
NYS Baby Carrots w/ Dip
Fresh Fruit

Wednesday

4
Cheeseburger on
Gluten Free Bun

Potato Gems
Seasoned Green Beans
Assorted Fruits

11
Gluten Free Chicken Tenders
w/ Dipping Sauce

Sweet Potato Wedges
Green Pepper Strips w/ Dip
Assorted Fruit

18

Cheeseburger on
Gluten Free Bun

Potato Gems
BBQ Baked Beans
Assorted Fruit

25

Cheeseburger on
Gluten Free Bun

Tossed Salad w/ Dressing
Steamed Carrot Coins
Assorted Fruit

Thursday

5
Turkey and Cheese on
Gluten Free Bread

NYS Baby Carrots w/ Dip
Steamed Corn
Fresh Fruit

12
Walking Beef Taco

Refried Beans
Seasoned Corn
Fresh Fruit

19

Ham and Cheese Sandwich on
Gluten Free Bread

NYS Baby Carrots w/ Dip
Sweet Potato Fries

26

Homemade Sloppy Joes on
Gluten Free Bun

BBQ Baked Beans
French Fries
Fresh Fruit

Friday

6
Gluten Free Pizza

Tossed Salad w/ Dressing
Steamed Broccoli Cuts
Fresh Fruit

13

Gluten Free Pizza

Tossed Salad w/ Dressing
Steamed Broccoli Cuts
Fresh Fruit

20

Gluten Free Pizza

Tossed Salad w/ Dressing
Steamed Broccoli Cuts
Fresh Fruit

27

Gluten Free Pizza

Tossed Salad w/ Dressing
Steamed Broccoli Cuts
Fresh Fruit



Menu Subject to change
North Syracuse is an equal opportunity employer and provider