

September 2025

NSCSD Elementary Schools

Monday

Lunch is free for all students

1

Tuesday

Staff Development Day

2

Wednesday

Staff Development Day

3

Thursday

Chicken Nuggets w/
Dipping Sauce
Seasoned Green Beans
French Fries

4

Friday

Personal Pan Pizza

Tossed Salad w/
Dressing
Steamed Broccoli Cuts

5

Second Choice

Monday- Hot Dog on Bun
Tuesday- Chicken Patty on Bun
Wednesday- Hamburger on Bun
Thursday-Popcorn Chicken
Friday-Cheeseburger on Bun
A variety of fruits are available daily
Daily: The yogurt meal and UnCrustable Sandwiches

Breakfast and lunch are free for all students.
Milk carton only- .70 cents
Menu subject to change

NSCSD is an equal opportunity employer and provider

What is a school Lunch?

Protein: A minimum of 2oz. of protein offered with each meal.

Vegetables: Two servings of vegetables offered with each meal, students may take both.

Grains: A minimum of 1 serving of grains offered with each meal.

Fruits: A variety of fruit is offered daily, students may take up to two servings.

Dairy: A variety of 8oz. milk cartons are offered daily.

Students must have at least three components of a meal on their tray, one must be a fruit or vegetable.

Pizza Crunchers w/
Marinara Sauce
Tossed Salad w/
Dressing
Cucumber Slices w/ Dip

8

BBQ Rib Sandwich

Potato Gems
Bush's Baked Beans

9

Turkey and Cheese
Bagel Melt
Sweet Potato Fries
Seasoned Corn

10

Mini Turkey Corn
Dogs
Baby Carrots w/ Dip
Homemade Coleslaw

11

French Bread Pizza

Tossed Salad w/
Dressing
Steamed Broccoli Cuts

12

Cheese Ravioli w/
Texas Toast
Tossed Salad w/
Dressing
Seasoned Carrot Coins

15

Walking Beef Taco
w/ Lettuce & Cheese

Seasoned Corn
Refried Beans

16

Snack-in Waffles w/
Chicken Sausage
Hash Brown Rounds
100% Vegetable/Fruit
Juice

17

Snack Attack Basket
Boneless Chicken
Wings w/ Mozzarella
Sticks w/ Sauce
Baby Carrots w/ Dip
Seasoned Green Beans

18

Homemade Cheese or
Pepperoni Pizza Slice
Tossed Salad w/
Dressing
Steamed Broccoli Cuts

19

Hot Meatball Sub

Tossed Salad w/
Dressing
Cucumber Slices w/
Dip

22

Ham & Cheese
Croissant w/ Dorito's
Smile Fries
Bush's Baked Beans

23

Rotini w/ Meat Sauce
Texas Toast
Tossed Salad w/
Dressing
Seasoned Carrot Coins

24

Macaroni and Cheese

Baby Carrots w/ Dip
Steamed Green Beans

25

Stuffed Crust Pizza
Tossed Salad w/
Dressing
Fresh Broccoli Bites
w/ Dip

26

BBQ Rib Sandwich

Potato Gems
Bush's Baked Beans

29

Chicken Sundae
Bowl w/ Gravy
Cherry Tomatoes w/
Dip
Seasoned Carrots

30

Did you know?

September 30th is known as International Translation Day, and September 12th marks the beginning of the first ever submarine test.