

# January 2026

## Gluten Free Menu

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

People born in January fall under the zodiac signs of Capricorn (December 22 - January 19) or Aquarius (January 20 - February 18). The birthstone for January is garnet.

**5**  
Cheesy Egg Bites  
Hash Brown Rounds  
100% Veggie/Fruit Juice

**6**  
GF Chicken Tenders  
Baby Carrots w/  
Ranch  
Seasoned Corn

**7**  
Meatball's w/ Mashed  
Potatoes  
Carrot Coins  
Green Beans

**8**  
Hamburger on Bun  
French Fries  
Bush's Baked Beans

**9**  
GF Cheese Pizza  
Tossed Salad w/  
Dressing  
Steamed Broccoli

**12**  
Beef Hot Dog on GF  
Bun  
Sweet Potato Fries  
Sweet Peas

**13**  
GF Chicken Tenders  
Seasoned Corn  
Refried Beans

**14**  
Hamburger on GF  
Bun  
Tossed Salad w/ Dressing  
Carrot Coins

**15**  
Turkey and Cheese GF  
Sandwich  
Baby Carrots w/ Dip  
Potato Gems

**16**  
GF Cheese Pizza  
Tossed Salad w/  
Dressing  
Steamed Broccoli

**19**  
Martin Luther  
King Day  
No School

**20**  
GF Hot Meatball Sub  
Tossed Salad w/  
Dressing  
Baby Carrots w/ Dip

**21**  
Hamburger on GF Bun  
Green Beans  
100% Veggie/Fruit  
Juice

**22**  
Chicken Tenders  
Celery Sticks w/ Bleu  
Cheese  
100% Veggie Juice

**23**  
GF Cheese Pizza  
Tossed Salad w/  
Dressing  
Steamed Broccoli

**26**  
Beef Hot Dog on GF  
Bun  
Potato Gems  
Bush's Baked Beans

**27**  
Taco w/ Scoops, Salsa  
& Sour Cream  
Refried Beans  
Seasoned Corn

**28**  
Hamburger on GF  
Bun  
Tossed Salad w/  
Dressing  
Carrot Coins

**29**  
Cheesy Egg Bites  
Hash Brown Rounds  
100% Veggie/Fruit  
Juice

**30**  
GF Cheese Pizza  
Tossed Salad w/  
Dressing  
Steamed Broccoli

### A La Carte

*Breakfast and lunch  
are free for all  
students.*

Milk carton only- .70 cents  
Menu subject to change

*NCSCD is an equal opportunity  
employer and provider*

### School Info

**School Delays:**  
1 hour-Breakfast  
available  
2 hour-Breakfast  
not available