

April 2024

Jr./Sr. High School

Menu Subject to Change

N. Syracuse Central CSD is an Equal Opportunity Provider and Employer

Monday

Cheese Ravioli
w/ Texas Toast

Tossed Salad w/
Dressing
Carrot Coins

1

Tuesday

Chicken Sundae
Mashed Potato Bowl
w/ Roll

Homemade Coleslaw
BBQ Baked Beans
NYS Apples

2

Wednesday

Snack-in Waffles w/
Chicken Sausage

Hash Brown Rounds
100% Fruit/Vegetable
Juice
Fresh Fruit

3

Thursday

Walking Beef Taco w/
Lettuce & Cheese

Baby Carrots w/ Dip
Seasoned Corn
Fresh Fruit

4

Friday

Homemade Mac
and Cheese w/ Roll
Tossed Salad w/
Dressing
Steamed Broccoli
Fresh Fruit

5

No School

8

Chicken Gyro in Flat
Bread w/ Tzatziki
Sauce

Carrot Sticks w/ Dip
Potato Gems
NYS Apples

9

Mike's Cheesy Bites
w/ Marinara Sauce

Tossed Salad w/
Dressing
Steamed Green
Beans

10

Garlic Parm. Baked
Chicken w/ Bread Stick
Cucumber Tomato Salad
NYS Roasted Red
Potatoes
Fresh Fruit
Mini Rice Krispy Treat

11

Beef or Chicken
Empanada w/ Brown
Rice
Tossed Salad w/
Dressing
Fresh Broccoli w/ Dip
Fresh Fruit

12

Baked Rotini w/ Meat
Sauce & Texas Toast

Tossed Salad
w/Dressing
Cut Green Beans

15

Deluxe Cheeseburger
on WG Bun

BBQ Baked Beans
French Fries
NYS Apples

16

Hot Meatball Sub

Tossed Salad w/
Dressing
Carrot Coins

17

Turkey and Cheese
Croissant Melt

Celery Sticks w/ Dip
Sweet Potato Wedges
Fresh Fruit

18

Chef's Choice

Tossed Salad w/
Dressing
Steamed Broccoli
Fresh Fruit

19

Spring Recess
No School

22

Spring Recess
No School

23

Spring Recess
No School

24

Spring Recess
No School

25

Spring Recess
No School

26

Italian Sausage w/
Peppers & Onions

Potato Gems
Green Beans

29

French Toast Sticks w/
Chicken Sausage
Hash Brown Rounds
100% Fruit/Vegetable
Juice
Fresh Fruit

30

Did You Know?

April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.

A La Carte

Offered Daily

Assorted pizza

Chicken sandwich's or
wraps

The yogurt meal

Chef salads

UnCrustable PBJ

Deli/Sandwich bar

Assorted fruits and milk
choice available with
every meal.

School Info

Did you know
school meals are
free?

Breakfast and lunch
are available to
each student at no
cost.