

# April 2024

## Gluten Free Menu

Menu Subject to Change

N. Syracuse Central CSD is an Equal Opportunity Provider and Employer

### Monday

**1**  
Grilled Chicken Sandwich on GF Bun  
Tossed Salad w/ Dressing  
Carrot Coins

**8**  
No School

**15**  
Grilled Chicken Sandwich w/ GF Bun  
Tossed Salad w/Dressing  
Cut Green Beans

**22**  
Spring Recess  
No School

**29**  
Grilled Chicken Sandwich w/ GF Bun  
Potato Gems  
Green Beans

### Tuesday

**2**  
Hamburger on GF Bun  
Homemade Coleslaw  
BBQ Baked Beans  
Fresh Fruit

**9**  
Turkey and Cheese Melt on GF Bread  
Carrot Sticks w/ Dip  
Potato Gems  
Fresh Fruit

**16**  
Hamburger on GF Bun  
BBQ Baked Beans  
French Fries  
Fresh Fruit

**23**  
Spring Recess  
No School

**30**  
Egg Patty w/ Chicken Sausage  
Hash Brown Rounds  
100% Fruit/Vegetable Juice  
Fresh Fruit

### Wednesday

**3**  
Grilled Egg Patty w/ Chicken Sausage  
Hash Brown Rounds  
100% Fruit/Vegetable Juice  
Fresh Fruit

**10**  
Beef Hot dog on GF Bun  
Tossed Salad w/ Dressing  
Green Beans

**17**  
Hot Meatball Sub on GF Bun  
Tossed Salad w/ Dressing  
Carrot Coins

**24**  
Spring Recess  
No School

### Did You Know?

April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.

### Thursday

**4**  
Walking Beef Taco w/ Lettuce & Cheese  
Baby Carrots w/ Dip  
Seasoned Corn  
Fresh Fruit

**11**  
Grilled Chicken Sandwich on GF Bun  
Mashed Potatoes  
Seasoned Corn  
Fresh Fruit  
Mini Rice Krispy Treat

**18**  
Cheeseburger on GF Bun  
Celery Sticks w/ Dip  
Sweet Potato Wedges  
Fresh Fruit

**25**  
Spring Recess  
No School

### Friday

**5**  
Homemade GF Pizza  
Tossed Salad w/ Dressing  
Steamed Broccoli  
Fresh Fruit

**12**  
Homemade GF Pizza  
Tossed Salad w/ Dressing  
Fresh Broccoli w/ Dip  
Fresh Fruit

**19**  
Homemade GF Pizza  
Tossed Salad w/ Dressing  
Steamed Broccoli  
Fresh Fruit

**26**  
Spring Recess  
No School

### Second Choice

The Yogurt Meal and Gluten Free PBJ's available daily.

Assorted fruits and milk choice available with every meal.

### School Info

Did you know school meals are free?

Breakfast and lunch are available to each student at no cost.