

HEALTH OFFICE NEWS

Flu Season

We will be dealing with the flu over the next few months. The subject has gotten a lot of media attention and in some cases media frenzy. Our plan is to let common sense prevail, following the Department of Health guidelines. If your children are sick please keep them home. It is the absolute best way to contain the illness. Promote frequent hand washing. Here at Gillette we have plenty of soap and water so hand sanitizers are not necessary. If your child develops flu like symptoms they should stay home until all symptoms have disappeared and they have been fever free for more than 24 hours without the use of fever reducing medications. Flu shots are available throughout the community. Your doctor is the best source of information regarding flu shots.

Immunizations

6th graders: Some of you are still working on getting your Tdap vaccines. Please make sure that you provide proof of the vaccine to the health office immediately. Vaccine compliance is mandated by the state. **Failure to comply will result in student suspension.**

Physicals

Physicals are required for all 7th grade students and all students new to our district. Please submit your private physical reports directly to the health office. School physicals will be offered free of charge, details to be announced. Any student wishing to participate in after school activities/sports must have a current physical. (Current means less than 1 year old)

Health Screenings

We will begin screening all Gillette Students in the next few weeks. The screening process includes: Vision, hearing, height, weight, BMI calculation and scoliosis checks. This process will continue well into the spring. We call students down by homeroom. If you have supplied a current physical that provided this information the screening will not be duplicated.

Medications

Medications may be dispensed during the school day provided that the 3 requirements listed below are met.

1. The medications is bought to school by an adult in a pharmacy or commercially labeled container. **(Students are allowed to carry rescue inhalers only)** Please be advised that students carrying medication on their person may be disciplined including suspension from school.

2. The doctor has provided clear, written instructions for dispensing medications
3. The parent has provided a written statement requesting the medication be given to the child.

WE VERY STRICTLY ADHERE TO THESE REQUIREMENTS. THIS APPLIES TO ALL OVER THE COUNTER MEDICATIONS AS WELL AS PERSCRIPTIONS.

Allergies

We have a very large group of students with food allergies. Most prevalent is NUT Allergies. Please be very cautious when sending snacks into school. If your child has a food allergy, please consider sending in some snacks that are safe for your child to have for parties and special events.

Contact Information

Health Office Phone: 218-3003 or 218-3013

Fax Number: 218-3085

Email: mmyers@nscsd.org